

ORIENTEERING

Orienteering – What is it:

Orienteering is no different than any normal run or walk - it is just more interesting as you use a map to work out where to go. Many people find this type of running more enjoyable, as no run is ever the same. Other than running clothes, shoes and a watch, little else is required. If you are doing the more challenging courses, it can pay to have a compass.

Orienteering Waikato runs most of its events between spring and autumn. During the summer months, events are located in and around Hamilton.

Park Events:

Park events feature point-to-point courses, which are set to varying levels of navigation ability. The aim of the game is to get to each control point, in sequential order, as fast as you can. The fastest route may differ from person to person, so the challenge lies in working out what will be fastest for you. Course distance is based on straight lines between the control points, however the actual distance you may cover often differs. The courses on offer for the 2010 Park Events are 2km, 3km or 4km. The longer the course, the higher the navigation ability required.

Rogaines:

Rogaines are based around getting as many points as you can in a pre-determined time period. Normally for our events each control is worth 1 point, so the aim is simply to get to as many as you can. In some instances, rogaines have certain controls allocated more points than others. Points are lost for exceeding the time limit, so it pays to be back in time! Rogaines lasting 2 or more hours are normally required to be done in pairs.

Membership:

You don't have to be a member to participate in Orienteering Waikato events, but the participation cost is cheaper for members. Club events cost members \$5 and non-members \$10. Membership for 2010 costs just \$10 per individual. More details can be found on the club's membership form.





2010 Orienteering Summer Series

Events listed are only the Wednesday Night Events for Summer/Autumn. We may run some additional Mini-Rogaines from April onwards, depending on interest. We have also typically run a number of Farm and Forest events on Sundays during Autumn.

<u>Date</u>	<u>Map / Area</u>	<u>Type</u>	<u>Start Time</u>
Wed 13-Jan	Glenview <i>Signposted from: Ohaupo Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 20-Jan	Rototuna <i>Signposted from: Thomas Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 27-Jan	Hillcrest <i>Signposted from: Cambridge Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 3-Feb	Flagstaff <i>Signposted from: River Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 10-Feb	Hamilton Lake <i>Signposted from: Ruakiwi Rd</i>	Park Event	Between 5:30 PM and 6:15 PM
Wed 17-Feb	Waikato University <i>Signposted from: Knighton Rd</i>	Park Event	Between 5:30 PM and 6:15 PM
Wed 24-Feb	Donny Park <i>Signposted from: River Rd</i>	Park Event	Between 5:30 PM and 6:15 PM
Wed 3-Mar	Sandford Park <i>Signposted from: Normandy Ave</i>	Park Event	Between 5:30 PM and 6:15 PM
Wed 10-Mar	Hamilton Gardens <i>Signposted from: Cobham Dr</i>	Park Event	Between 5:30 PM and 6:15 PM
Wed 17-Mar	Chartwell <i>Signposted from: Hukanui Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 24-Mar	Hillcrest <i>Signposted from: Cambridge Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 31-Mar	Norton <i>Signposted from: Grandview Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)
Wed 7-Apr	Chartwell <i>Signposted from: Hukanui Rd</i>	45 min Mini-Rogaine	6:00 PM (Pickup maps by 5:50 PM)

All events organised by the club are listed on the Maptalk Events Calendar [www.maptalk.co.nz/events] where if any updates are made to the above listings they will be made on Maptalk.

Join our email list by sending an email with the subject line "subscribe" to our email:
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